

Dudley Road Hospital Netball Club

CHAIR'S REPORT

Hello and welcome to our 2017/2018 season's newsletter. I want to start with a big thank you to our two teams, DRH Dolphins and DRH Dragons who worked tremendously hard throughout the netball season and this was reflected in our overall positions in the league of winners and runners up. I also want to say a big thank you to Katie and Olivia who were asked to play in both teams on occasions over the season to make up the numbers in the teams when we did not have enough players for either team. Overall the commitment and dedication from all the players has been commendable, with a clear demonstration of netball skills displayed on court during our competitive games and in the tournaments.

A huge thank you also needs to go out to the parents who too have to make a big commitment towards bringing their daughters to matches and tournaments on Sunday morning, because without you we would not have a team.

Reflecting on the season, we have achieved a lot within the club by forming two teams in 2017. Looking towards the forthcoming season, the committee will be re jiggging the teams in preparation for the 2019 season. With this in mind, training will be stepped up to the next level getting the girls to think about their positions on court, where their next move will be and who with. We also plan to get all the team members able to play at least two positions on court. I'm looking forward to restarting training on the 12th September, so if you know any potential netball players who want to develop their skills, please invite a friend along. I've already had a few enquires for the new season, so I'm looking forward to stepping up our netball to the next level.

Diane Thomas
Chair

SECRETARY'S/FINANCE REPORT

The introduction of a newsletter is to continue to keep you up-to-date with team and individual success as well as a reminder of key dates for the diary. However, we are also trying to use the newsletter as a way to minimise email traffic, both ways, by communicating in a centralised format and signposting where you can access the vast majority of the information you need. Please feel free to send me anything that you would like to feature in the newsletter (junior players we want to hear from you) so it can be shared with all our members. Everyone at this club is as important as the rest so the more we can share and celebrate our success the better.

As a Committee, we are really pleased to report, that we have been granted a small pot of money from the West Midlands Police and Heart of England Foundation. This will help to pay for the professional development courses that our coaches need to attain, not only to maintain our status for Club Action Planning Scheme (CAPS,) but also to keep up-to-date with new techniques. The contribution from both organisations is only for a year so we, as a club, need to do our own fundraising. Why fundraise? Where do the funds go? The cost to run a club is significant, court fees, training venue hire costs, equipment, umpires, trophies, presentation functions are a few of the main core ongoing operational costs. Whilst we have been fortunate to receive a small pot of money from our sponsors, we still need to bridge the gap and that is why fundraising activities become so crucial, with the ultimate aim to keep registration fees as low as possible. Any ideas you have no matter how trivial would be considered!!!!!! – ***please speak to Cordelia***

The accounts for 2016/2017 showed a deficit of £13.17 & for 2017/2018 showed, after expenses, that we have a small surplus of £54.03. (a copy of the accounts can be viewed on our notice board at the Annual General Meeting – date to be decided). I am sure you would welcome a reduction in fees, so let us put our heads together and bring forth ideas for fundraising events.

The winter season for the adult squad, sees a change of venue from Stockland Green to Birmingham University Sports Centre, just off the Bristol Road. This may also apply to the Summer League and the Birmingham Intermediate League. Will keep you updated.

May I remind everyone that in the interest of good management and completeness of records, could you please ensure that up-to-date contact details are with the club secretary. Our club is always on the lookout for coaches and umpires. The club will subsidise the cost of qualifications. If you would like to participate in either of these important activities, download and complete the forms for these activities from our website.

I cannot end without saying, as head coach, what a pleasure it has been to coach your daughter. We are privileged to have such a set of enthusiastic, energetic and well-mannered players. It is indeed a joy to have been involved with them. I would also echo what Diane has said above. Without Olivia and Katie's input in our Sunday matches, we would not have been able to put out a team. Thank you both and parents for agreeing, sometimes at the very last minute, to get the girls across to Stockland Green.

Cordelia Bailey
Secretary/Treasurer

COACHES REPORT

It has been a real treat to coach the junior squad this season, watching the girls develop skills and improve on their team work. More importantly, to see each girl apply the effort needed to try new and develop existing skills. Every girl improved and played well both at training and at matches. This has been proven with the excellent results achieved by both teams that were entered in to the Birmingham Intermediate Netball League (BINL).

Dolphins

This has been the first season that the girls have played competitively as a team and wow have they done a brilliant job! All the girls demonstrated a keenness to learn by listening to the coaches and applying that learning at training and at match play. Whilst the girls did take a while to gel as a team at the very start of the season, they quickly gained the confidence, individually and as a team, to overcome this hurdle. Special thanks to the Dolphin's Captain, Katy and Vice-captain Seren for helping to bring their team together, their leadership, support and for representing the Dolphins at competitions. The Dolphins biggest success was achieving second place in the BNIL Division 8.

Division 8

League Points Table

Team Name	Played	Won	Drawn	Loss	Goals Scored	Goals Against	Goals Avg	Goals +/-	Points
Dudley Road Dolphins	10	8	0	2	209	110	1.90	99	43

Dragons

An excellent season for the Dragons – what more can be said!

Our Dragon girls displayed the maturity of their experience with the Club both in training and at match play. All the girls developed their netball skills, some by learning to play other court positions, others by developing existing skills to become specialist in their field of expertise.

Special thanks to the Dolphin's Captain, Lucy and Vice-captain Nansi for accepting the honour of their positions and for their courage and consistency in helping the team move forward in the right direction. The Dragon's biggest achievement was winning the BNIL Division 4.

Division 4

League Points Table

Team Name	Played	Won	Drawn	Loss	Goals Scored	Goals Against	Goals Avg	Goals +/-	Points
Dudley Road Dragons	9	8	0	1	248	121	2.05	127	42

DRHNC has been represented at three Tournaments this season being the Birmingham Intermediate League End of Season Tournament (7-8 July), Yendys Tournament (15 July) and Rylands 13 May 2018. The Club was represented by the Dragons at the End of Season Tournament and by both the Dolphins and Dragons teams at Yendys and Rylands Tournaments. More of that later in the newsletter.

Looking forward to September and the new season 2018/19, as Coaches, we would like to carry out further work to improve on technique and execution, as well as tactical training on positioning and team play/communication between players. Team fitness is also top of our priority list of an area for improvement. More detail later in this newsletter.

Patric/Fiona/Jayne/Diane/Cordelia
Coaches

THE NETBALL DEVELOPMENT PATHWAY/BIRMINGHAM ACADEMY

The Netball Development Pathway programme is designed to develop over-time the qualities of a netball athlete. They will receive appropriate training and specialist support to aid their development into becoming a netball athlete. Players entering the programme must, therefore, have a sound level of athleticism as well as technical and tactical ability. Players that are selected for Pathways must be committed, determined, self-disciplined, courageous and have good team spirit. They must have good body control, technical consistency and a great understanding of the game. This year Dudley Road Hospital Netball Club has been lucky to have two girls selected to train with the pathway squad, Lauryn and Ashleigh Hall-Wallace. Pathways take a squad of girls from different regions to train for about fifteen weeks, training consists of drills and also games. This is a very well organised and worthwhile opportunity of anyone wanting to improve their netball skills and have a greater understanding of the game.

TRAINING FOR THE JUNIOR SQUAD

Training for our junior squad will continue to remain on a Wednesday evening from 6.00pm – 8.00pm at Hillcrest School, Stonehouse Lane, Bartley Green, Birmingham B32 3AE. Our first session will be on **Wednesday 12 September 2018.**

The coaches are very keen to get our junior squad fit and ready to take on the challenges ahead. With this in mind, we have decided to engage the services of a keep-fit-trainer, Emily Westwood. Emily's first session will be on Wednesday 19 September 2018. We will take care to ensure that the sessions are challenging but appropriate.

END OF SEASON AWARDS

Awards for both junior squads were awarded to:
Player of the Match – as voted for by their opponents in the Birmingham Intermediate League

Dragons: Lauryn
Dolphins: Rebecca

Player of the Season – as voted by the girls – **voting will be completed on return from summer leave.**

Most Improved Player – as voted by Diane, Patric, Fiona and Cordelia the coaches - **voting will be completed on return from summer leave.**

TRAINING FOR THE ADULT SQUAD

The adults will continue to train with Dolphins on a Monday evening at **Hillcrest School, Stonehouse Lane, Bartley Green, Birmingham B32 3AE, from 7.00 – 9.00pm. The first training session for the new season will be Monday 10 September 2018.** Anyone interested in improving their fitness, ball skills and court awareness is encouraged to come along. Training is compulsory for **ALL DRH** players. All new members welcome - so please spread the word.

COLLECTION OF TRAINING SUBS

Please note it will be mandatory that subs for training is paid monthly or if easier, one payment for the year. Weekly collections will be for match games only. There is also a membership fee payable at the start of the season of £10 for adults and £5 for junior members. Members will be encouraged to 'fund raise' to help cover the cost of purchasing equipment, uniforms, entering tournaments etc. A volunteer is needed to co-ordinate this activity. **Please contact Cordelia if you are interested.**

The Committee would like to say a huge "Thank You!" to all parents who pay their subs via bank transfer. It has made Wednesday nights far less stressful for Cordelia when she does the register. She no longer has to worry about chasing players for subs. It also means that the Club has a much better understanding of its financial position. So many thanks!

CLUB ACTION PLANNING SCHEME (CAPS) AWARD

As many of you are aware, we have achieved the silver award of the Club Action Planning Scheme (CAPS) an award that is issued by the All England Netball Association. This means that the club delivers quality netball development programmes and operates within best practice guidelines. We have recently applied to have this renewed for a further three years – results awaiting.

DIARY DATES

Junior Squad

County Trials

Dates for County Trials for the Dragon squad. These dates are only provisional.

Sunday 30 September 2018

Sunday 7 October 2018

Sunday 14 October 2018

Sunday 4 November 2018

This is an opportunity for the club to compete at a higher level so it is extremely important that girls are available for these matches.

Elmdon Friendly League

Both teams are entered in a friendly league organised by Elmdon Club. This will take place at Lode Heath School, Lode Lane, Solihull, B91 2HW, at a cost of £20 per team.

2018	Dolphins	Dragons
7 October	1.30pm	2.30pm
11 November	11.30am	12.30pm
2019		
6 January	11.30am	
20 January		12.30pm & 2.30pm

BINL

League starts in February 2019 – dates etc. will be send nearer the time.

If you are aware that your daughter cannot make any of these sessions then please let Cordelia know in advance of the dates quoted.

On a slightly negative note, as a club, we need to receive all fees as and when they are due. We try to be as flexible as possible when it comes to payment of Club fees and to make netball accessible to all. When club fees remain unpaid, the following happens:

- The club is unable to provide required resources;
- The benefit the club can provide to each member is lowered; and
- The club must invest in volunteer time to follow outstanding payments, instead of using this valuable time to deliver value-add to the club. So please ensure that all fees are paid on the due date specified by you.

ALL ENGLAND NETBALL ASSOCIATION (AENA) REGISTRATION

Each member is responsible for payment of their registration to the All England Netball Association a fee which is compulsory. This year the fees are as follows:

11 and under	£5.80
12-14	£9.55
15-17 years old	£20.80
Adults	£44.00

I will submit a bulk registration for the club. ***Please remember you will not be eligible to take part in training or play in matches if you are not AENA registered.***

DIARY DATES

Adults Squad: (please remember that central venue will now operate from the Birmingham University Sports Centre, off the Bristol Road). The costs of using the centre has risen and our contribution is £30 per match. Therefore, our match fees will have to rise to £4.50 per match to meet this expense.

2018

15 September	10.00am
6 October	11.30am
20 October	11.30am
3 November	12.30pm
17 November	11.00am
1 December	11.00am
15 December	11.00am

2019

12 January	11.00am
26 January	12.30pm
9 February	12.30pm
23 February	12.30pm
9 March	10.00am
30 March	10.00am
13 April	10.00am

END OF SEASON RESULTS

UNDER 12/13 & UNDER 14's NETBALL SQUADS

(Please refer to the coaches' report). I would further add, the phenomenal success of both teams is due to the girls continued hard work, dedication, coming every week to training with great enthusiasm, politeness and always happy to help. Well done girls, irrespective of where teams ended up, we are all proud of your efforts.

At the end of season presentation ceremony at Stockland Green, two of our girls Lauryn Hall-Wallace and Amelia Stanway picked up awards for the 'most improved players of the season' across the whole of the League. An award nominated by the Chair of the BINL Committee.

ADULTS

This year despite a number of difficulties, i.e, injuries, pregnancy etc. we were still able to enter a team in both the Winter and Summer Birmingham Netball Leagues. Although, overall the results were not what we wanted we did manage to play all our matches without being fined. We welcomed Ellie Bishop to the team, moving up from the junior squad. Ellie has been given "Player of the match" on several occasions - so well-done Ellie – keep it up! Ellie is about to take her beginners award in umpiring and she also represents the junior squad on the Committee.

Our training partners Dolphins Ladies, were magnanimous when we faced difficulties in supply players for our matches. Several of their ladies were able to register and play for the club as Dolphins play in a different league. They enjoyed it so much they have agreed to be members of the Club, not just 'filler ins', so thank you. Numbers at training continue to be a problem – we cannot expect to win matches if we do not put in the hard work – "training".

The forthcoming season looks brighter as a number of those players who were unable to participate last season are hoping to return. However, we need to build numbers. We have engaged with a number of social media sites to promote our 'wares' as they say, but we can also do our part by spreading the word, or better still bring a friend along. The club is hoping to introduce 'Back to Netball' sessions as soon as the practical details are worked out – an opportunity for those who want to return taking it slowly and just enjoy the game, and perhaps later be a part of the squad.

WEB PAGE

This is to make you aware that DRHNC has a web page and can be found at

<http://www.dudleyroadnetball.co.uk>

To access Facebook: <https://facebook.com/Dudley-Road-Hospital-Netball-Club-1963983657201168/>

To access Twitter: [Twitter:](https://twitter.com/dudleynetball)

<http://twitter.com/dudleynetball>

It is managed and maintained by Mr. Paul Stretton. Please do check it out. A lot of information on the club's activities, plus those important documents that identify how the club is managed are listed.

COMMITTEE MEMBERS 2018/2019:

I would like to introduce you to the Committee for the 2018/2019 season:

Chair:	Diane Thomas
Deputy Chair/Publicity Officer:	Lorna Nicholson-Grant
Secretary/Treasurer:	Cordelia Bailey
Junior Representative:	Ellie Bishop
Safeguarding/Voluntary Co-ordinator:	Fiona Kennedy
First Aider:	Jayne Howard
Fund Raiser:	Sue Hall-Wallace
Coaches:	Cordelia Bailey Noel Bailey Patric Thomas Diane Thomas Jayne Howard
Assistant Coach:	Fiona Kennedy

DRHNC ANNUAL SURVEY

At the end of the season two of our coaches interviewed our junior squad members to ascertain their perspective of the club and its performance. The girls were interviewed on a one-to-one basis and their input to the survey agreed to be voluntary prior to taking part. The girls were encouraged to share their opinion in an open and honest way. Overall the survey asked fifteen questions covering a range of areas: promotion/marketing; coaching; membership; events; satisfaction; aspirations; endorsement.

The results were encouraging highlighting a number of excellent practices but also identifying areas of weakness where improvements could be made. (a copy of the results was sent to everyone at the end of July 2018 and can also be viewed on our web-page). Work has already started whereby two of our coaches, as part of their professional development, attended a 'sharp shooting' course where a number of good techniques were introduced. We are looking to bring these ideas into our own practice sessions. We have managed also to get both Dragons and Dolphins friendly matches (as highlighted above) leading up to the start of the BINL in February 2019, another action identified. -page.

BIG THANK YOU

I cannot finish without saying on behalf of the Committee and myself a 'big thank you' to all parents, family and friends for the commitment, dedication and support they have shown to the club. It is impossible for a club to survive without your support. Also, a big thank you to all our junior girls for their contributions during this past season; we look forward to welcoming you all back in September 2018. We are always looking for volunteers to support our Saturday and Sunday matches. Don't be shy, please let Cordelia know if this is something you might be willing to do.

FORTHCOMING EVENTS

Back to Netball

One of the actions identified for the club this season, is to introduce 'Back to Netball' sessions for those ladies who want to return to netball at a slower pace and just have fun. The finer details are being worked out so check our web-page for further information.

ANNUAL GENERAL MEETING (AGM) & PRESENTATION EVENING

This year our AGM and Presentation Evening will be held on **Wednesday 26 September 2018, at 6.30pm** – further details will be sent out nearer the time. This is an important event and requires full attendance of all participants taking part in the clubs' activities.

PHOTOGRAPHS

We, the Committee, would like to post photographs on our web-page of both junior and adult members of the club. Could you please let Cordelia know if you have any objections to this request.

Cordelia Bailey
Secretary/Treasurer
August 2018