

Dear Parent/Carer,

### **Important information about returning to training**

Firstly, I hope you and your family are safe and well during what continues to be challenging times. The club would like to take this opportunity to thank you for your continued support throughout this period.

As you will be aware, in line with government guidance, England Netball (EN) suspended all Netball activity in March 2020. The health and wellbeing of all our members, along with complying with the Government's 'route map' and the EN guidance is paramount to any decisions on returning to training.

That said, I am please we have returned albeit that we are struggling to find suitable training accommodation. The club have taken all the necessary steps to return to training in a safe manner. The steps have included the appointment of a COVID Officer, (Patric Thomas) Development of Return to Training Guidelines, Risk Assessment of training facilities and amended Training Schedules to allow for physical distancing where appropriate. We all have a role in providing a fun and safe environment for players to return to training and ask that you take the following measures to ensure this:

### **Parent/Carer Guidelines**

#### **Before Training**

- If your child or anyone in your household is displaying symptoms of COVID-19 do not attend training and follow Government guidelines on test and protect ([www.gov.scot/coronavirus-covid-19/](http://www.gov.scot/coronavirus-covid-19/))
- Talk to your child about returning to training to help them understand the measures that have been taken to keep them safe
- Go over the Player Guidelines with your child prior to attending training
- Follow government guidelines around hand hygiene and wash hands before traveling to training  
([https://www.who.int/gpsc/5may/Hand\\_Hygiene\\_When\\_and\\_How\\_Leaflet.pdf?ua=1](https://www.who.int/gpsc/5may/Hand_Hygiene_When_and_How_Leaflet.pdf?ua=1))
- There may not be access to public toilets or changing facilities, so please encourage your child to go to the toilet at home before you leave, change into their kit at home – arriving ready to train

#### **When you arrive**

- To limit over-crowding, please bring your child to the training session on your own
- Again, to avoid congestion, do not arrive early to training and follow drop off and pick up signage (if you or your child require additional support to access facility please contact the COVID Officer prior to attending)

#### **During Training**

- Only players, coaches and support staff are allowed in the playing area.

- Only emergency first aid can currently be given directly by coaches, otherwise guidance is for first aiders to assist “casualties” from a distance, supporting them to treat themselves. If your child would not be able to do this, discuss with your club how you can safely stay close by to the training venue so you can come and assist if your child was to be injured.
- The safety and wellbeing of all our young players is of the utmost importance. If you have any concerns, please contact our Safeguarding Officer Fiona Kennedy.

### **After Training**

- When picking up your child, leave the facility promptly, again to avoid congestion
- Sanitise you and your child’s hands.
- Inform the club immediately should your child start to show symptoms of COVID-19

Further details of the measures that the club have taken to adhere to Government and EN guidance can be found on our website.

All activities will be reviewed and is subject to change in accordance with Government and EN Guidance. We are very much looking forward to returning to netball and welcoming all our players, coaches and volunteers back, and to this end please find below a form giving your consent for your child to return to netball. (This should be returned via email).

We look forward to seeing you soon.

**Diane Thomas**  
**Club Chair**  
**September 2020**

**DUDLEY ROAD HOSPITAL NETBALL CLUB**

**PERMISSION TO ATTEND TRAINING**

I have fully read the Club, England Netball and Government Guidelines as sent to me by email. Both myself and my child understand what is expected of us with regard to sticking to this guidance, at all netball activity organised by Dudley Road Hospital Netball Club.

I understand that myself, my child and anyone else attending netball activity, should self-assess for COVID-19 symptoms before attending;

I understand that if anyone planning to attend is symptomatic or living in a household with a possible or actual COVID-19 infection, they must not participate or attend and should follow Government Guidance, as well as inform the club immediately, namely the COVID Officer Mr. Patric Thomas.

I will ensure that my child sanitises her hands before leaving home.

I give permission for my child to participate in all netball activities organised by Dudley Road Hospital Netball Club.

**CHILD NAME** .....

**PARENT EMAIL SIGNATURE** .....

**DATE** .....

DT/CVB  
September 2020